



BANK TAVERN

— PUB - RESTAURANT —

— FOOD MENU —

***Please note your Table Number
and order at the Bar***

JACKET POTATOES

(Not served after 5:00 PM)

ALL SERVED WITH A SALAD GARNISH

Cheese	£5.95
Cheese and Baked Beans	£5.95
Cheese and Coleslaw	£5.95
Home-made Chicken Curry	£5.95
Tuna Mayonnaise*	£5.95
Homemade Chilli Con Carne*	£5.95
Cumberland Sausage & Onion Gravy	£5.95
Chicken Tikka	£5.95
Prawn Marie Rose	£6.25
*Extra Cheese	50p

SANDWICHES

(Not served after 5:00 PM)

SERVED ON BREAD WITH A SALAD GARNISH

BROWN OR WHITE BAGUETTE £1.50 extra

Tuna Mayonnaise	£4.25
Prawn Marie Rose	£5.25
Chicken Tikka	£4.25
Egg Mayonnaise	£3.75
Cheese and Pickle	£3.75
Roast Turkey & Cranberry Sauce	£4.25
Roast Beef & Horseradish Sauce	£4.25
Roast Ham & Cumberland Sauce	£4.25

HOT FILLED BAGUETTES

(Not served after 5:00 PM)

ALL SERVED WITH CHIPS AND A SALAD GARNISH, BROWN OR WHITE BAGUETTE

Crispy Bacon and Melted Cheese	£6.95
Roast Chicken, Sage and Stuffing	£6.95
Bacon, Lettuce and Tomato	£6.95
Tuna Melt	£6.95
Steak and Onions	£6.95
Bacon, Brie and Redcurrant Jelly	£6.95
Cumberland Sausage with Onion Rings	£6.95

STARTERS

Tortilla Chips	£5.20
With chilli beef and cheese	
Goujons of Plaice	£5.85
Served with a side salad	
Potato Skins	£4.85
Topped with cheese, garlic dip and a side salad	
Spicy Potato Wedges	£5.85
Served with a salad garnish and topped with salsa sauce and melted cheddar cheese	
Prawn Cocktail	£5.85
Served with a marie-rose sauce and brown bread	
Home-made Soup of the Day	£3.95
Served with a crusty roll and butter	
Farm House Pâté	£5.55
Served with Cumberland sauce and oatcakes	
Deep Fried Mushrooms	£5.15
Coated in breadcrumbs and served with a garlic mayonnaise	
Deep Fried Creole Prawns	£5.85
Served with a garlic mayonnaise and salad garnish	
Deep Fried Camembert	£5.55
Served with a salad garnish and redcurrant sauce	
Black Pudding and Cumberland Sausage	£5.85
Served with crispy bacon and a melted cheese topping	
BBQ Spare Ribs	£5.35
Served with a salad garnish and BBQ sauce	

MAIN COURSES

ALL THE FOLLOWING DISHES ARE SERVED WITH A CHOICE OF: CHIPS, JACKET POTATO, MASH POTATO OR NEW POTATOES WITH A SELECTION OF FRESH VEGETABLES (UNLESS OTHERWISE STATED)

Lamb and Mint Pie	£9.45
With a short pastry crust.	
Succulent Steak Pie	£9.45
Prime pieces of Lakeland beef in a rich gravy, with a short pastry crust, top and bottom	
Pork Steak	£10.45
Topped with cheese and apple sauce	
Local Cumberland Sausage	£9.45
Served with a fried egg	
Home-made Chilli Con Carne (GF)	£9.45
Served on a bed of rice and tortilla chips	

MAIN COURSES CONTINUED.

Lamb Jennings 16oz Lamb shoulder marinated in mint and garlic and cooked until tender; served with minted gravy	£13.45
Jennings Game Casserole A selection of the finest Game, marinated and cooked in Jennings Bitter	£10.45
Home-made Chicken Curry (GF) Served on a bed of rice with a poppadom and mango chutney	£9.45
Home-made Braised Steak (GF) Prime pieces of braising steak cooked in a rich onion gravy	£10.45
Chicken Kiev Supreme of chicken coated with bread crumbs and stuffed with garlic butter.	£9.75
Cheese and Leek Pie A short crust, top and bottomed pie	£8.25
Bangers and Mash Cumberland sausage served on a bed of creamy mash and onion gravy	£9.45
Roast Breast of Chicken Wrapped in bacon, served with a rich chicken gravy	£9.75
6oz Chargrilled Burger Served in a bap with chips, salsa dip and a salad garnish	£7.75
Cumberland Pie Cumberland sausage meat with a layer of bacon, tomato, apples and herbs. Topped with mashed potato and cheese and served with spicy roast potatoes and salad	£9.45
Curry of the Day	£9.45

FROM THE CHARGRILL

	8oz	16oz
8oz Sirloin Steak Cooked to your liking, served with tomatoes, mushrooms and onion rings	£15.95	
8oz/16oz Rump Steak Cooked to your liking, served with tomatoes, mushrooms and onion rings	£14.95	£18.95
8oz/16oz Rib Eye Steak Cooked to your liking, served with tomatoes, mushrooms and onion rings	£15.45	£20.45
8oz/16oz Gammon Steak Served with tomatoes, mushrooms and onion rings	£11.95	£14.95

VEGETARIAN SELECTION

Brie, Courgette and Almond Bake	£9.85
Cheese and Broccoli Pasta Bake	£9.25
Vegetable Lasagne	£9.85

THE FISHY BIT

Whole Local Trout Served in a lemon and butter sauce topped with flaked almonds	£10.75
Salmon Steak Served in a herb butter with julienne vegetables	£11.25
Deep Fried Breaded Whole Tail Scampi	£9.75
Fish of the Day Please see our specials board	£9.75

COLD PLATTER SELECTION

SERVED WITH A CRISPY SALAD AND WARM BREAD ROLL

Ploughman's Lunch Cheese, pork pie, apple, celery, pickle and crusty bread	£9.35
Roast Ham Salad	£9.15
Roast Turkey	£9.15
Roast Beef	£9.15
Prawn Salad	£9.65
Quiche of the Day	£9.15

SIDE SELECTION

Diane Sauce	£1.95
Au Poivre	£1.95
Cumberland Sauce	£1.95
Side Portions: Chips, Onion Rings, Mushrooms, Side Salad, Garlic Bread	£2.25
Jug of Gravy	65p
Bread Roll	65p
Naan Bread	65p
Coleslaw	65p
Bread and Butter	65p

KIDDIES CORNER

ALL SERVED WITH CHIPS
AND BEANS OR PEAS.

Whole Tail Scampi	£4.75
Chicken Drumsticks on the Bone	£4.75
5" Cheese and Tomato Pizza	£4.75
¼ lb Beef Burger	£4.75
Cumberland Sausage	£4.75
Fish Fingers	£4.75

HOT BEVERAGES

Espresso	£2.10
Americano	£2.10
Cappuccino	£2.25
Café Latte	£2.25
Café Mocha	£2.60
Pot of Tea per person	£1.90
Hot Chocolate	£2.50

DESSERTS

Profiteroles	£4.95
Light Choux pastry buns filled with Fresh Cream, finished with a Rich Chocolate Sauce	
Fudge Cake	£4.95
Served hot or cold with Pouring Cream, Custard or Ice Cream	
Sticky Toffee Pudding	£4.95
Served with either Pouring Cream, Ice Cream or Custard	
Apple Strudel	£4.95
A puff pastry roll filled with Apple, Sultanas, Whole Hazelnuts and Mixed Spice served with either Pouring Cream, Ice Cream or Custard	
Cheese & Biscuits	£5.25



The Bank Tavern

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www.banktavern.co.uk



ALL PRICES ARE INCLUSIVE OF V.A.T.

ALL WEIGHTS APPROXIMATE AND UNCOOKED

ALL OUR PRODUCE IS G.M. FREE

ALL OUR DISHES ARE
INDIVIDUALLY COOKED TO ORDER